

# Café Keto Menu



## Breakfast

Low Carb Breakfast Wraps      \$5.95

- Bacon or Sausage, Scrambled Eggs, Baby Spinach Leaves, Cheese w/ a side of salsa

Crust less Keto Quiche      \$5.95

- Bacon or Sausage, Eggs, Cheese w/ a side of avocado

Country Breakfast      \$6.95

- 2 Bacon or Sausage, 2 Eggs w/ a side of avocado

Build your own Omelet      \$7.95

- Bacon, Sausage, Ham, Bell Pepper, Onion, Spinach, Jalapeno Slices, Tomato, Mushrooms, Cheese

## Lunch & Dinner

Choose Two:      \$7.95

- ½ Club Wrap (Low Carb Wrap -3 net carbs)
- ½ BLT Wrap
- ½ Chicken Salad Wrap
- ½ Cajun Sausage Soup
- ½ Tomato Basil Soup
- ½ Grilled Chicken Salad
- ½ Chef Salad
- ½ Strawberry Romaine Salad

- Served w/ fresh fruit or avocado

Monterey Chicken      \$8.95

- Boneless Chicken Breast in a Cheesy Monterey Sauce
- Served with side and garden salad

Lemon Grilled Salmon      \$10.95

- 6 oz. Salmon seasoned with lemons
- Served with side and garden salad